JERRY'S SUBS & PIZZA NUTRITIONAL INFO

FAQ : Allergens, Ingredients, and Nutritional Information

- Jerry's products have Zero Grams of Artificial Trans Fat.
- Jerry's Products are MSG Free.
- Jerry's uses a Cholesterol-Free 80% Soy Oil, 20% Peanut Oil Blend in our fryers.
- Jerry's Products are made without peanuts or tree nuts (except for the fryer oil, listed above). [However, some products are manufactured in facilities that use peanuts and tree nuts for other items, i.e. choc. Chip cookies.]
- Jerry's Cheeses are made using microbial or chymosin rennet (no animal enzymes are used).
- Jerry's Sub Rolls and Pizza dough products are made without egg or dairy ingredients, although they are processed in facilities that may use milk and eggs.
- Jerry's products may contain soy and soy oil as an ingredient.
- Jerry's steak is 95% fat free.

Notes:

The nutritional information is based on standard product formulations and is current as dated above
Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, and/or product preparation at the restaurant.
Jerry's can't be held responsible for health risks associated with specific product ingredients which can vary by manufacturer
Not all items are available in all locations.
Jerry's soft drinks are made with locally sourced municipality water, and therefore the sodium and other treatment content may vary slightly.

Note: Use of mayo, additional condiments or add-ons alters nutritional content of the listed items.

Recommended limits for a 2000 calorie daily diet are 20 grams of saturated fat and 2300 milligrams of sodium.
A 2000 calorie daily diet is used as the basis for general nutrition advice; however individual calorie needs may vary.

BREAD	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Regular Traditional Roll	1 Reg. roll	5	128	350	30	4	1	0	760	68	5	6	13
Regular Wheat Roll	1 Reg. roll	5	128	360	45	5	1	0	590	65	6	3	15
Large Traditional Roll	1 Lg. Roll	8	192	525	45	6	1	0	990	102	8	9	18
Hamburger Roll	1 roll	3	71	173	12	1	0	0	288	34	2	1	7
ADD-ONS	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
American Cheese	Small Portion	0	11	36	27	3	2	9	165	0	0	0	2
American Cheese	Regular Portion	1	21	72	54	6	4	18	330	1	0	0	4
American Cheese	Large Portion	1	32	108	81	9	6	27	495	1	0	0	6
Provolone Cheese	Small Portion	0	11	34	23	2	2	8	75	0	0	0	3
Provolone Cheese	Regular Portion	1	21	68	45	5	3	15	150	1	0	0	5
Provolone Cheese	Large Portion	1	32	101	68	8	5	23	225	1	0	0	8
Swiss Cheese	Small Portion	0	11	34	19	2	2	8	23	0	0	0	3
Swiss Cheese	Regular Portion	1	21	68	38	5	3	15	45	0	0	0	6
Swiss Cheese	Large Portion	1	32	101	56	7	5	23	68	0	0	0	9
Pepperjack Cheese	Small Portion	0	13	45	34	4	2	11	206	0	0	0	2
Pepperjack Cheese	Regular Portion	1	27	90	68	8	5	23	413	1	0	0	5
Pepperjack Cheese	Large Portion	1	40	135	101	112	7	34	619	1	0	0	7
Cheese Wiz	Small Portion	1	28	60	45	5	1	3	255	3	0	1	1
Cheese Wiz	Regular Portion	2	57	120	90	10	3	5	510	6	0	2	2
Cheese Wiz	Large Portion	3	85	180	135	15	4	8	765	9	0	3	3
Mushrooms	Small Portion	1	14	3	0	0	0	0	28	0	0	0	0
Mushrooms	Regular Portion	1	28	5	0	0	0	0	55	1	1	0	1
Mushrooms	Large Portion	2	43	8	0	0	0	0	83	1	1	0	1
Green Peppers	Small Portion	1	14	2	0	0	0	0	0	0	0	0	0
Green Peppers	Regular Portion	1	28	3	0	0	0	0	1	1	0	0	0
Green Peppers	Large Portion	2	43	5	0	0	0	0	1	1	0	0	0
Sweet Peppers	Small Portion	1	14	4	0	0	0	0	63	0	0	0	0
Sweet Peppers	Regular Portion	1	28	8	0	0	0	0	125	1	0	0	0
Sweet Peppers	Large Portion	2	43	12	0	0	0	0	188	1	0	0	0
Bacon	Small Portion	1	17	68	44	5	2	12	197	0	0	0	4
Bacon	Regular Portion	1	34	136	88	10	4	24	394	0	0	0	8
Bacon	Large Portion	2	51	204	132	15	6	36	591	0	0	0	12
Onion Straws	Small Portion	1	29	59	17	2	0	0	189	9	1	1	2
Onion Straws	Regular Portion	2	57	118	33	4	1	0	378	19	3	2	1
Onion Straws	Large Portion	3	86	177	49	6	1	0	568	28	4	3	2
Fried Jalapenos	Small Portion	1	28	60	27	3	1	0	214	8	1	1	1
Fried Jalapenos	Regular Portion	2	57	120	53	6	1	0	427	16	3	1	1
Fried Jalapenos	Large Portion	3	85	180	80	9	2	0	641	24	4	2	2

DRESSING & CONDIMENTS	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Ranch	1 souffle	2	43	225	210	24	4	8	450	3	0	3	0
Bleu Cheese	1 souffle	2	43	205	189	21	5	22	234	2	0	0	3
Honey Mustard	1 souffle	2	43	213	189	21	3	3	345	8	0	6	0
Southwest Sauce	1 souffle	2	43	189	175	20	3	11	394	3	0	2	2
Fat Free Ranch	1 packet	2	43	45	0	0	0	0	550	11	1	4	0
Lite Italian	1 packet	2	57	60	45	5	1	0	700	4	0	4	0
Jerry's Mayo - Small Sub	.5 oz (Sm.ptn.)	1	14	60	60	6	1	6	45	0	0	0	0
Jerry's Mayo - Regular Sub	1 oz (Reg.ptn.)	1	28	120	120	12	2	12	90	1	0	0	0
Jerry's Mayo - Large Sub	1.5 oz (Lg.ptn.)	2	43	180	180	18	2	18	135	1	0	0	0
Fat Free Mayo	1 packet	0	11	5	0	0	0	0	130	1	0	0	0
Jerry's Oil & Spice - Small Sub	1/2 tblspn	0	7	60	60	7	1	0	8	0	0	0	0
Jerry's Oil & Spice - Regular Sub	1 tblspn	1	14	120	120	14	2	0	15	0	0	0	0
Jerry's Oil & Spice - Large Sub	1 & 1/2 tblspn	1	21	180	180	21	3	0	23	0	0	0	0
Ketchup	0.5 oz	1	14	16	0	0	0	0	194	4	0	4	0
Mustard	0.5 oz	1	14	0	0	0	0	0	100	0	0	0	0
Marinara Sauce	1 souffle	2	43	19	0	0	0	0	236	1	0	2	0
Buffalo Sandwich Sauce	1 tblsp	1	14	5	0	0	0	0	340	1	0	1	0

SALADS (dressings, above)	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Side Salad	1 salad	3	86	64	28	3	1	15	233	1	1	0	2
House Salad	1 salad	9	252	148	56	6	3	30	469	3	2	0	4
Grilled Chicken Salad	1 salad	11	322	231	76	8	3	67	949	5	2	1	16
Crispy Chicken Salad	1 salad	12	294	314	122	14	4	40	1249	15	2	2	17
Antipasto Salad	1 salad	12	341	446	269	31	13	102	1509	3	2	0	20
Tuna Salad	1 salad	14	392	364	176	18	4	93	985	3	2	0	27
Phillips Crab Salad	1 salad	15	425	468	236	26	6	80	1589	15	2	2	26
Side Salad Cheese Add-On	.25 oz.	0	7	23	12	1	1	5	58	0	0	0	1
Side Salad Bacon Add-On	.25 oz.	0	7	46	29	3	1	10	152	1	0	0	3
House Salad Cheese Add-On	.5 oz.	1	14	46	24	3	2	10	117	1	0	0	2
House Salad Bacon Add-On	.5 oz.	1	14	92	58	6	2	20	305	2	0	1	5
CHEESEBURGERS	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Cheeseburger	1,sandwich	11	318	820	484	55	23	164	1471	36	2	1	39
Little Cheeseburger	1,sandwich	8	213	502	248	28	12	82	911	36	2	1	23
Bacon Cheeseburger	1,sandwich	12	352	956	572	65	27	188	1865	36	2	1	48
(not avail. at all locations)	**Note: Use of mayo, additional condiments or add-ons alters nutritional content.**												
SUBS	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Sm Original Cheesesteak	1,sm sub	7	187	353	100	12	5	55	782	36	3	3	25
Reg Original Cheesesteak	1,reg sub	13	374	706	200	23	11	110	1564	72	6	6	50
Lg Original Cheesesteak	1,lg sub	20	561	1058	300	35	16	165	2346	108	9	9	75
Sm Philly Cheesesteak	1,sm sub	7	187	355	105	12	6	57	872	36	3	3	24
Reg Philly Cheesesteak	1,reg sub	13	374	710	209	24	11	113	1744	72	6	6	49
Lg Philly Cheesesteak	1,lg sub	20	561	1065	314	36	17	170	2616	108	9	9	73
Sm Big 'W' Cheesesteak	1,sm sub	7	204	425	153	17	8	70	1158	36	3	3	27
Reg Big 'W' Cheesesteak	1,reg sub	14	408	851	306	35	16	140	2316	72	6	6	54
Lg Big 'W' Cheesesteak	1,lg sub	22	612	1276	459	52	24	210	3474	108	9	9	80
Sm Big Bubba Cheesesteak	1,sm sub	8	216	418	146	15	7	69	897	36	3	3	27
Reg Big Bubba Cheesesteak	1,reg sub	15	431	836	291	31	14	137	1794	72	7	6	53
Lg Big Bubba Cheesesteak	1,lg sub	23	647	1254	435	46	21	206	2691	107	10	9	80
Sm Super Cheesesteak	1,sm sub	8	216	359	105	12	6	57	900	37	3	3	25
Reg Super Cheesesteak	1,reg sub	15	431	718	209	24	11	113	1800	73	7	6	49
Lg Super Cheesesteak	1,lg sub	23	647	1077	314	36	17	170	2700	110	10	9	74
Sm So. Street Cheesesteak	1,sm sub	7	201	359	105	12	6	57	935	36	3	3	24
Reg So. Street Cheesesteak	1,reg sub	14	402	718	209	24	11	113	1869	73	6	6	49
Lg So. Street Cheesesteak	1,lg sub	21	603	1077	314	36	17	170	2804	109	9	9	73
Reg Fat Daddy Cheesesteak	1,reg sub	24	678	1329	564	64	30	274	3510	75	6	6	100
Lg Fat Daddy Cheesesteak	1,lg sub	36	1017	1994	846	96	45	411	5265	113	9	9	150
Reg Double Trouble Cheesesteak	1,reg sub	17	473	744	258	29	18	163	2186	59	6	6	60
Lg Double Trouble Cheesesteak	1,lg sub	23	653	1066	367	41	25	215	3136	87	9	9	84
Sm Ultimate Cheesesteak	1,sm sub	7	209	425	158	18	8	73	1079	36	3	3	30
Reg Ultimate Cheesesteak	1,reg sub	15	419	851	317	36	17	145	2158	72	6	6	60
Lg Ultimate Cheesesteak	1,lg sub	22	628	1276	475	54	25	218	3237	108	9	9	89
Sm All-American Cheesesteak	1,sm sub	7	187	358	109	12	6	58	962	36	3	3	24
Reg All-American Cheesesteak	1,reg sub	13	374	716	218	25	12	116	1924	72	6	6	47
Lg All-American Cheesesteak	1,lg sub	20	561	1073	327	37	18	174	2886	108	9	9	71
Sm Pepperjack Cheesesteak	1,sm sub	7	190	367	116	13	7	60	1003	36	3	3	24
Reg Pepperjack Cheesesteak	1,reg sub	13	379	734	232	26	13	121	2007	72	6	6	48
Lg Pepperjack Cheesesteak	1,lg sub	20	569	1100	347	39	19	181	3010	108	9	9	72
SUBS (cont.)	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Sm Chad Dukes Cheesesteak	1,sm sub	8	214	398	135	15	7	63	932	36	3	3	27
Reg Chad Dukes Cheesesteak	1,reg sub	15	428	795	270	29	14	125	1864	72	6	6	54
Lg Chad Dukes Cheesesteak	1,lg sub	22	640	1193	405	44	20	188	2796	108	9	9	81
Sm Cheese Wiz Philly	1,sm sub	8	230	396	120	14	6	66	1018	32	3	4	28
Reg Cheese Wiz Philly	1,reg sub	16	459	792	240	27	13	132	2036	63	6	8	55
Lg Cheese Wiz Philly	1,lg sub	23	653	1138	340	38	18	178	2911	95	9	12	75
Sm Cheeseburger Sub	1,sm sub	6	159	410	242	28	12	82	735	18	1	1	18
Reg Cheeseburger Sub	1,reg sub	11	318	820	484	55	23	164	1471	36	2	1	39
Lg Cheeseburger Sub	1,lg sub	17	475	1220	725	83	35	254	2305	54	3	2	57
Sm T-N-T Cheesesteak	1,sm sub	8	244	448	136	17	7	58	1176	44	4	4	24
Reg T-N-T Cheesesteak	1,reg sub	15	487	896	271	34	13	116	2351	88	8	7	49
Lg T-N-T Cheesesteak	1,lg sub	23	731	1344	407	51	20	174	3527	132	13	11	73
Sm Hot Shot Cheesesteak	1,sm sub	7	194	355	100	12	5	55	952	36	3	4	25
Reg Hot Shot Cheesesteak	1,reg sub	14	388	711	200	23	11	110	1904	72	6	7	50
Lg Hot Shot Cheesesteak	1,lg sub	21	582	1066	300	35	16	165	2857	109	9	11	75
Reg The Beast	1,reg sub	29	827	1302	543	62	25	352	3194	83	7	9	108
Lg The Beast	1,lg sub	44	1240	1953	815	93	38	528	4791	124	11	14	162
Sm Chicken Philly Cheesesteak	1,sm sub	6	178	350	115	13	5	52	992	37	3	3	23
Reg Chicken Philly Cheesesteak	1,reg sub	13	357	700	229	27	10	103	1984	74	6	6	47
Lg Chicken Philly Cheesesteak	1,lg sub	19	535	1050	344	40	15	155	2976	111	9	9	70
Sm Grilled Chicken	1,sm sub	6	173	276	37	4	1	41	863	38	3	4	20
Reg Grilled Chicken	1,reg sub	12	345	552	74	8	2	83	1726	76	6	8	41
Lg Grilled Chicken	1,lg sub	18	518	828	111	12	3	124	2589	114	9	11	61
Sm Crispy Chicken	1,sm sub	6	180	353	81	10	2	20	1162	47	4	5	19
Reg Crispy Chicken	1,reg sub	11	317	620	130	16	3	30	1934	88	8	9	32
Lg Crispy Chicken	1,lg sub	18	490	970	211	25	4	45	2990	135	12	14	52
Sm Veggie Melt	1,sm sub	6	173	263	65	7	4	17	678	37	4	3	12
Reg Veggie Melt	1,reg sub	12	346	526	129	15	7	33	1356	75	7	6	24
Lg Veggie Melt	1,lg sub	18	518	789	194	22	11	50	2034	112	11	9	36
Sm Turkey Breast	1,sm sub	6	173	254	29	3	0	28	960	38	3	3	26
Reg Turkey Breast	1,reg sub	12	346	508	58	6	1	55	1919	76	6	6	52
Lg Turkey Breast	1,lg sub	18	519	762	86	9	1	83	2879	114	9	9	78

SUBS (cont.)	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Sm Ham & Cheese	1,sm sub	7	194	330	82	9	3	48	1192	36	3	3	20
Reg Ham & Cheese	1,reg sub	14	388	660	164	18	7	96	2384	72	6	6	40
Lg Ham & Cheese	1,lg sub	20	582	989	246	26	10	144	3576	108	9	9	61
Sm Meatball & Cheese Sub	1,sm sub	7	192	461	180	21	8	57	1180	41	6	6	23
Reg Meatball & Cheese Sub	1,reg sub	14	383	922	360	41	15	113	2360	82	11	12	46
Lg Meatball & Cheese Sub	1,lg sub	20	575	1382	540	62	23	170	3540	123	17	17	69
Sm Tuna Sub	1,sm sub	8	214	365	115	12	1	53	812	36	3	3	26
Reg Tuna Sub	1,reg sub	15	428	731	230	24	3	105	1624	71	6	6	51
Lg Tuna Sub	1,lg sub	23	642	1096	345	35	4	158	2436	107	9	9	77
Sm Italian Cold Cut (no oil)	1,sm sub	6	166	420	184	22	9	57	1197	36	3	3	20
Reg Italian Cold Cut (no oil)	1,reg sub	12	331	840	367	44	18	113	2394	71	6	6	39
Lg Italian Cold Cut (no oil)	1,lg sub	18	497	1260	551	66	26	170	3591	107	9	9	59
Sm Phillips Crab Sub	1,sm sub	6	159	309	90	10	2	75	859	41	3	4	14
Reg Phillips Crab Sub	1,reg sub	11	318	618	180	20	3	150	1718	82	6	8	28
Lg Phillips Crab Sub	1,lg sub	17	477	927	270	30	5	225	2577	123	9	12	42

FOOTNOTES: **BREAD VALUES for nutritional analysis have been based on the Regular Traditional Jerry's sub roll.**

Lettuce, Tomato and Onions are included in the nutritional analysis for all subs - Mayo is not included.

The use of mayo, additional condiments or add-ons alters nutritional content.

SIDE ORDERS	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Regular Fries	3.5 oz	4	99	315	105	19	5	0	525	35	4	1	4
Large Fries	5.5 oz	6	156	495	165	30	7	0	825	55	6	1	6
Super Fries	16.5 oz	17	469	1485	495	90	21	0	2475	165	17	3	17
Loaded Cheese Wiz Fries	8.5 oz (1 order)	230	396	760	344	50	13	33	1809	65	6	4	15
Buffalo Wings (2 pcs.)	2 Wings 1/3 order	2	73	170	100	11	3	80	420	1	0	0	16
Buffalo Wings (6 pcs)	6 Wings	7	219	510	300	33	9	240	1260	3	0	0	48
Boneless Wings (2 pcs)	2 bites 1/3 order	2	54	180	110	12	4	85	460	3	0	0	14
Boneless Wings (6 pcs)	6 bites	6	108	560	330	36	11	255	1340	9	0	0	42
Mozzarella Sticks (2 pcs.)	2 pcs. 1/3 order	2	23	90	35	4	3	10	330	9	1	1	5
Mozzarella Sticks	6 pcs.	2	68	270	105	12	8	30	990	27	2	3	15
Onion Straws	1 order	5	143	295	82	10	2	0	946	46	7	5	3
Chicken Nuggets (2 pcs.)	2 pcs. 1/3 order	1	32	93	54	6	1	13	200	5	0	0	5
Chicken Nuggets	6 pcs.	3	95	280	160	17	3	40	600	16	0	1	14
Chicken Tenders (2 pcs.)	2 pcs.	3	71	142	70	12	2	35	580	13	0	1	15
Fried Jalapenos	1 order	6	172	360	160	18	3	0	1280	48	8	4	4
Garlic Cheese Bread	1/2 order	3	71	220	100	11	3	16	390	27	2	2	8
Chips, Lays Plain	1 bag	2	43	225	135	15	2	0	270	22	2	0	3
Chips, Lays BBQ	1 bag	2	43	225	135	15	2	0	300	22	2	3	3
Chips, Lays Baked	1 bag	1	32	130	16	2	0	0	202	25	2	3	3
Chocolate Chip Cookie	1 cookie	1	38	170	70	7	4	10	120	24	1	15	2
Oatmeal Raisin Cookie	1 cookie	1	38	140	52	6	4	10	115	21	1	12	2
Brownie	1 brownie	3	85	390	170	19	10	25	210	50	7	25	4

PIZZA	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Entire Pizza - 8"/Small	1, Small	10	284	540	143	15	6	40	1020	77	12	4	26
1/4th of a Small Pizza	1/4th, Small	3	71	135	36	4	2	10	255	19	3	1	7
Entire Pizza - 12"/Medium	1, Medium	27	753	1516	437	46	15	100	2867	282	36	6	68
1/4th of a Medium Pizza	1/4th Medium	7	188	379	109	12	4	25	717	71	9	1	9
Entire Pizza - 15"/Large	1, Large	36	1008	1958	637	67	23	150	4005	379	46	8	88
1/4th of a Large Pizza	1/4th of a Large	9	252	490	159	17	6	38	1001	95	4	1	7
PIZZA BY THE SLICE	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
1/6th of a 15" Cheese Pizza	1 slice	6	168	332	104	11	4	25	667	64	8	2	15
1/6th of a 15" Pepperoni Pizza	1 slice	7	182	396	156	17	6	39	939	64	8	2	17
(available at limited locations, only)													
PIZZA TOPPINGS	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Pepperoni Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	18	60	63	7	3	16	343	0	0	0	4
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	5	15	16	2	1	4	86	0	0	0	1
on entire Pizza - 12"/Medium	1, Med. Topping	2	54	240	188	21	8	49	1028	0	0	1	11
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	14	60	47	5	2	12	257	0	0	0	3
on entire Pizza - 15"/Large	1, Lg. Topping	3	71	320	250	28	10	65	1370	0	0	1	15
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	18	80	63	7	3	16	343	0	0	0	4
Extra Cheese Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	18	63	32	4	2	13	156	1	0	0	3
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	4	16	8	1	1	3	39	0	0	0	1
on entire Pizza - 12"/Medium	1, Med. Topping	2	53	188	95	11	6	39	468	3	0	0	9
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	13	47	24	3	2	10	117	1	0	0	2
on entire Pizza - 15"/Large	1, Lg. Topping	3	71	188	126	14	9	52	624	4	1	1	11
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	18	63	32	4	2	13	156	1	0	0	3
Sausage Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	21	71	56	6	2	13	199	0	0	0	3
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	5	18	14	2	1	3	50	0	0	0	1
on entire Pizza - 12"/Medium	1, Med. Topping	2	63	214	168	19	7	39	597	1	0	0	9
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	16	54	42	5	2	10	149	0	0	0	2
on entire Pizza - 15"/Large	1, Lg. Topping	3	85	285	225	25	9	52	795	2	0	0	12
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	21	71	56	6	2	13	199	0	0	0	3
Mushroom Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	21	8	0	0	0	0	20	1	0	0	1
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	5	2	0	0	0	0	5	0	0	0	0
on entire Pizza - 12"/Medium	1, Med. Topping	2	63	23	0	0	0	0	60	2	0	0	2
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	16	6	0	0	0	0	15	1	0	0	0
on entire Pizza - 15"/Large	1, Lg. Topping	3	85	30	0	0	0	0	80	3	0	0	2
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	21	8	0	0	0	0	20	1	0	0	1

PIZZA TOPPINGS (cont.)	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Onion Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	21	6	0	0	0	0	1	1	0	0	0
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	6	2	0	0	0	0	0	0	0	0	0
on entire Pizza - 12"/Medium	1, Med. Topping	2	63	19	0	0	0	0	2	2	1	0	0
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	16	5	0	0	0	0	1	1	0	0	0
on entire Pizza - 15"/Large	1, Lg. Topping	3	85	25	0	0	0	0	3	3	1	0	0
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	21	6	0	0	0	0	1	1	0	0	0
Green Pepper Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	21	4	0	0	0	0	0	1	0	0	0
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	6	1	0	0	0	0	0	0	0	0	0
on entire Pizza - 12"/Medium	1, Med. Topping	2	63	12	0	0	0	0	0	3	1	0	0
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	5	16	3	0	0	0	0	0	1	0	0	0
on entire Pizza - 15"/Large	1, Lg. Topping	3	85	16	0	0	0	0	0	4	1	0	0
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	21	4	0	0	0	0	0	1	0	0	0
Beef Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	21	45	26	3	1	8	210	1	0	0	4
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	6	11	6	1	0	2	53	0	0	0	1
on entire Pizza - 12"/Medium	1, Med. Topping	2	63	135	78	9	4	23	630	2	1	0	12
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	16	34	20	2	1	6	157	1	0	0	3
on entire Pizza - 15"/Large	1, Lg. Topping	3	85	180	105	12	5	30	840	3	2	0	15
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	21	45	26	3	1	8	210	1	0	0	4
Black Olive Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	21	38	33	4	1	0	155	1	1	0	0
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	0	9	0	0	0	0	0	0	0	0	0
on entire Pizza - 12"/Medium	1, Med. Topping	0	0	113	0	0	0	0	0	0	0	0	0
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	0	0	28	0	0	0	0	0	0	0	0	0
on entire Pizza - 15"/Large	1, Lg. Topping	3	85	150	130	15	3	0	620	3	3	0	1
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	21	38	33	4	1	0	155	1	1	0	0

PIZZA TOPPINGS (cont.)	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Anchovie Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	14	28	18	2	0	11	700	0	0	0	2
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	4	7	5	1	0	3	175	0	0	0	1
on entire Pizza - 12"/Medium	1, Med. Topping	2	42	83	53	6	0	33	2100	0	0	0	6
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	0	11	21	13	2	0	8	525	0	0	0	2
on entire Pizza - 15"/Large	1, Lg. Topping	2	57	110	70	8	0	45	2800	0	0	0	8
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	14	28	18	2	0	11	700	0	0	0	2
Bacon Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	21	130	83	9	4	28	420	2	0	1	7
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	5	33	21	2	1	7	105	1	0	0	2
on entire Pizza - 12"/Medium	1, Med. Topping	2	63	390	248	27	11	83	1260	6	0	3	21
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	16	98	62	7	3	21	315	2	0	1	6
on entire Pizza - 15"/Large	1, Lg. Topping	3	85	520	330	36	14	110	1680	8	0	4	28
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	21	130	83	9	4	28	420	2	0	1	7
Tomatoes Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	28	7	0	0	0	0	2	1	1	0	0
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	7	2	0	0	0	0	1	0	0	0	0
on entire Pizza - 12"/Medium	1, Med. Topping	3	84	21	0	0	0	0	6	2	2	0	0
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	21	5	0	0	0	0	2	0	0	0	0
on entire Pizza - 15"/Large	1, Lg. Topping	4	112	28	0	0	0	0	8	2	2	0	0
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	28	7	0	0	0	0	2	1	1	0	0
Ham Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	18	30	9	1	1	10	320	0	0	0	4
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	4	8	2	0	0	3	60	0	0	0	1
on entire Pizza - 12"/Medium	1, Med. Topping	2	53	90	27	3	2	30	960	0	0	0	11
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	13	23	7	1	0	8	240	0	0	0	3
on entire Pizza - 15"/Large	1, Lg. Topping	3	71	120	36	4	2	40	1280	0	0	0	14
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	18	30	9	1	1	10	320	0	0	0	4

PIZZA TOPPINGS (cont.)	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Fried Jalapenos Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	36	60	27	5	1	0	215	8	1	1	1
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	9	15	7	1	0	0	54	2	0	0	0
on entire Pizza - 12"/Medium	1, Med. Topping	4	107	180	80	15	2	0	645	24	3	2	2
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	27	45	20	4	0	0	161	6	1	1	1
on entire Pizza - 15"/Large	1, Lg. Topping	5	142	240	106	20	2	0	860	32	4	3	3
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	36	60	27	5	1	0	215	8	1	1	1
Grilled Chicken Topping													
on entire Pizza - 8"/Small	1, Sm Topping	1	18	25	9	1	0	11	100	1	0	25	4
- on 1/4th of a Small Pizza	1/4th, Sm Topping	0	4	8	2	0	0	3	25	0	0	6	1
on entire Pizza - 12"/Medium	1, Med. Topping	2	53	75	27	2	1	33	300	3	0	75	12
- on 1/4th of a Medium Pizza	1/4th, Med. Top.	1	13	19	7	0	0	8	75	1	0	19	3
on entire Pizza - 15"/Large	1, Lg. Topping	3	71	100	36	2	1	44	400	4	0	1	16
- on 1/4th of a Large Pizza	1/4th, Lg. Topping	1	18	25	9	1	0	11	100	1	0	0	4

SPECIALTY & XTREME PIZZAS	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Classic White Pizza													
Entire Pizza - 8"/Small	1, Small	10	284	600	201	23	9	61	1018	77	12	1	30
-1/4th of a Small Pizza	1/4th, Small	3	71	150	50	6	2	15	255	19	3	0	8
Entire Pizza - 12"/Medium	1, Medium	27	753	1700	613	66	24	161	2865	282	35	2	70
-1/4th of a Medium Pizza	1/4th, Medium	7	188	425	153	17	6	40	716	71	9	1	18
Entire Pizza - 15"/Large	1, Large	36	1008	2204	871	94	34	235	3998	380	45	3	104
-1/4th of a Large Pizza	1/4th, Large	9	252	551	218	24	9	59	999	95	11	1	26
Super Double Pepperoni Pizza													
Entire Pizza - 8"/Small	1, Small	10	288	660	284	30	11	70	1686	95	12	1	30
-1/4th of a Small Pizza	1/4th, Small	3	72	165	71	8	3	18	422	24	3	0	7
Entire Pizza - 12"/Medium	1, Medium	30	862	1980	852	91	32	210	5058	285	35	2	89
-1/4th of a Medium Pizza	1/4th, Medium	8	216	495	213	23	8	53	1265	71	9	1	22
Entire Pizza - 15"/Large	1, Large	41	1150	2640	1137	121	43	280	6745	379	46	3	118
-1/4th of a Large Pizza	1/4th, Large	10	288	660	284	30	11	70	1686	95	12	1	30
Meat Supreme Pizza													
Entire Pizza - 8"/Small	1, Small	12	342	846	375	41	15	105	2344	98	12	3	41
-1/4th of a Small Pizza	1/4th, Small	3	86	212	94	10	13	26	586	24	3	1	10
Entire Pizza - 12"/Medium	1, Medium	36	1026	2538	1125	122	44	315	7032	293	36	10	123
-1/4th of a Medium Pizza	1/4th, Medium	9	257	635	281	31	12	79	1758	73	9	2	3
Entire Pizza - 15"/Large	1, Large	48	1368	3383	1501	162	59	420	9375	390	47	13	163
-1/4th of a Large Pizza	1/4th, Large	12	342	846	375	41	15	105	2344	98	12	3	41
Veggie Supreme Pizza													
Entire Pizza - 8"/Small	1, Small	10	366	552	192	21	6	38	1138	99	13	2	23
-1/4th of a Small Pizza	1/4th, Small	3	92	138	48	5	2	10	284	25	3	1	6
Entire Pizza - 12"/Medium	1, Medium	31	1098	1655	576	62	19	114	3402	296	40	6	68
-1/4th of a Medium Pizza	1/4th, Medium	8	275	414	144	15	5	29	851	74	10	2	17
Entire Pizza - 15"/Large	1, Large	42	1463	2207	766	82	26	150	4550	394	53	8	91
-1/4th of a Large Pizza	1/4th, Large	10	366	552	192	21	6	38	1138	99	13	2	23

SPECIALTY & XTREME PZ. (cont.)	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Kitchen Sink Pizza													
Entire Pizza - 8"/Small	1, Small	16	455	908	408	44	15	105	2496	101	14	3	42
-1/4th of a Small Pizza	1/4th, Small	4	114	227	102	11	4	26	624	25	4	1	10
Entire Pizza - 12"/Medium	1, Medium	48	1364	2724	1224	132	46	315	7488	303	42	9	125
-1/4th of a Medium Pizza	1/4th, Medium	12	341	681	306	33	12	79	1872	76	11	2	31
Entire Pizza - 15"/Large	1, Large	64	1818	3632	1631	177	62	420	9985	405	55	12	166
-1/4th of a Large Pizza	1/4th, Large	16	455	908	408	44	15	105	2496	101	14	3	42
Wildfire Pizza													
Entire Pizza - 8"/Small	1, Small	11	309	575	195	22	6	49	1315	103	13	3	23
-1/4th of a Small Pizza	1/4th, Small	3	77	144	49	6	2	12	329	26	3	1	6
Entire Pizza - 12"/Medium	1, Medium	33	927	1725	585	66	19	149	3945	309	38	9	69
-1/4th of a Medium Pizza	1/4th, Medium	8	232	431	146	17	5	37	986	77	10	2	17
Entire Pizza - 15"/Large	1, Large	44	1235	2298	778	89	26	194	5260	412	50	12	93
-1/4th of a Large Pizza	1/4th, Large	11	309	575	195	22	6	49	1315	103	13	3	23

SOFT DRINKS	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Coke Classic - Regular	1, Reg. Cup	21	586	171	0	0	0	0	4	47	0	47	0
Coke Classic - Large	1, Large Cup	32	909	261	0	0	0	0	7	71	0	71	0
Coke Classic - Super	1, Super Cup	44	1250	359	0	0	0	0	9	98	0	98	0
Sprite - Regular	1, Reg. Cup	21	586	169	0	0	0	0	38	45	0	45	0
Sprite - Large	1, Large Cup	32	909	257	0	0	0	0	58	69	0	69	0
Sprite - Super	1, Super Cup	44	1250	353	0	0	0	0	80	95	0	95	0
Fanta Birch Beer - Regular	1, Reg. Cup	21	586	187	0	0	0	0	20	51	0	51	0
Fanta Birch Beer - Large	1, Large Cup	32	909	285	0	0	0	0	31	78	0	78	0
Fanta Birch Beer - Super	1, Super Cup	44	1250	393	0	0	0	0	43	107	0	107	0
Fanta Orange - Regular	1, Reg. Cup	21	586	184	0	0	0	0	10	50	0	50	0
Fanta Orange - Large	1, Large Cup	32	909	280	0	0	0	0	33	76	0	76	0
Fanta Orange - Super	1, Super Cup	44	1250	386	0	0	0	0	46	104	0	104	0
Diet Coke - Regular	1, Reg. Cup	21	586	1	0	0	0	0	16	0	0	0	0
Diet Coke - Large	1, Large Cup	32	909	2	0	0	0	0	25	0	0	0	0
Diet Coke - Super	1, Super Cup	44	1250	2	0	0	0	0	35	0	0	0	0
Coke Zero - Regular	1, Reg. Cup	21	586	1	0	0	0	0	78	0	0	0	0
Coke Zero - Large	1, Large Cup	32	909	2	0	0	0	0	10	0	0	0	0
Coke Zero - Super	1, Super Cup	44	1250	3	0	0	0	0	14	0	0	0	0
Min. Maid Lemonade- Regular	1, Reg. Cup	21	586	168	0	0	0	0	71	44	0	44	0
Min. Maid Lemonade - Large	1, Large Cup	32	909	256	0	0	0	0	108	67	0	67	0
Min. Maid Lemonade - Super	1, Super Cup	44	1250	352	0	0	0	0	149	49	0	49	0
Hi-C Fruit Punch - Regular	1, Reg. Cup	21	586	181	0	0	0	0	15	49	0	49	0
Hi-C Fruit Punch - Large	1, Large Cup	32	909	276	0	0	0	0	23	74	0	74	0
Hi-C Fruit Punch - Super	1, Super Cup	44	1250	380	0	0	0	0	32	102	0	102	0
Nestea Raspberry Tea - Regular	1, Reg. Cup	21	586	134	0	0	0	0	13	36	0	36	0
Nestea Raspberry Tea - Large	1, Large Cup	32	909	205	0	0	0	0	20	54	0	54	0
Nestea Raspberry Tea - Super	1, Super Cup	44	1250	282	0	0	0	0	28	75	0	75	0
Gold Peak Sweet Tea - Regular	1, Reg. Cup	21	586	134	0	0	0	0	14	36	0	36	0
Gold Peak Sweet Tea - Large	1, Large Cup	32	909	257	0	0	0	0	21	56	0	56	0
Gold Peak Sweet Tea - Super	1, Super Cup	44	1250	289	0	0	0	0	29	76	0	76	0
Gold Peak Green Tea - Regular	1, Reg. Cup	21	586	139	0	0	0	0	12	37	0	37	0
Gold Peak Green Tea - Large	1, Large Cup	32	909	212	0	0	0	0	18	57	0	56	0
Gold Peak Green Tea - Super	1, Super Cup	44	1250	291	0	0	0	0	25	78	0	77	0
Gold Peak Unsweet Tea - Reg.	1, Reg. Cup	21	586	1	0	0	0	0	14	0	0	0	0
Gold Peak Unsweet Tea - Large	1, Large Cup	32	909	2	0	0	0	0	22	1	0	1	0
Gold Peak Unsweet Tea - Super	1, Super Cup	44	1250	2	0	0	0	0	30	1	0	1	0
Bottled Water	1, bottle	17	480	0	0	0	0	0	10	0	0	0	0
20 oz Bottle Coca Cola	1, bottle	20	591	240	0	0	0	0	75	65	0	65	0
20 oz Bottle Diet Coke	1, bottle	20	591	0	0	0	0	0	70	0	0	0	0
20 oz Bottle Sprite	1, bottle	20	591	240	0	0	0	0	110	64	0	64	0
Chocolate Shake	Reg cup	21	770	160	18	28	11	70	330	134	1	111	18
Vanilla Shake	Reg cup	21	770	190	22	28	12	60	320	138	1	115	18
CATERING	Serving	Wt	Wt	Total	Calories	Ttl. Fat	Sat. Fat	Chol.	Sodium	Carbs	Fiber	Sugars	Protein
Item Name (below)	Size	ozs	gram's	Calories	fr. Fat	g	g	mg	mg	g	g	g	g
Party Tray Items, per serving													
Wings (2 pcs.)	2 pcs.	2	73	170	100	11	3	80	420	1	0	0	16
Boneless Wings (2 pc)	2 pcs.	2	73	170	100	11	3	80	420	1	0	0	16
Chicken Nuggets (2 pcs.)	2 pcs.	1	32	93	54	6	1	13	200	5	0	0	5
Chicken Tenders (2 pcs.)	2 pcs.	3	71	142	70	12	2	35	580	13	0	1	15
Sandwich Tray / Party Subs, per serving													
Sm Italian Cold Cut (no oil)	1,sm sub	6	166	420	184	22	9	57	1197	36	3	3	20
Sm Turkey Breast	1,sm sub	6	173	254	29	3	0	28	960	38	3	3	26
Sm Ham & Cheese	1,sm sub	7	194	330	82	9	3	48	1192	36	3	3	20
The Big Salad Party Tray nutritional data is identical to that of the Salads listed on page 1 (refer to "Salads", above).													